



NORFOLK PUBLIC
SCHOOLS



BLAIR MIDDLE SCHOOL PMHE

Pre-Med Health & Engineering Program



730 Spotswood Ave, Norfolk, VA 23517

757-628-2400

blairmsquestions@nps.k12.va.us

Ms. Tracy Still, BMS School Counselor Lead

Ms. Shenay A. Lewis, Principal



Facebook - Blair Middle School

Instagram - @BlairClippers



PROGRAM OVERVIEW



A rigorous academic pathway for motivated students focusing on medical sciences, health, and engineering. Students earn early high school credits and gain real-world experience through hands-on learning, field trips, and professional mentorships.



NAVIGATING NEW HORIZONS

Community partnerships and experiential projects



CHARTERING A COURSE

Field trips, guest experts, and interactive labs



BEYOND THE HORIZON

Academic balance, arts, athletics, and leadership opportunities



STUDENT REQUIREMENTS

📖 Academics: Minimum “B” average in Grade 5

🕒 Attendance: 95% or higher

🛡️ Discipline: Minor to no infractions

✅ Test Scores: Strong 4th-grade SOL and reading results

Maintain a “C” average and 95% attendance upon acceptance



**THURSDAY
OCTOBER 16TH
6:00-7:00 PM**